

I - MoToLe 

Presentation of workshop  
**Stockholm School of the Arts!**



# Methods we have chosen for this training

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## Drama Workshop



# Play! Play! Play!

Drama as a tool to reach newcomers! (But not only newcomers)



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## Activities:

- Warming up games
- Drama exercises
- Group work
- Improvisation
- Reflection and evaluation

Non-formal learning

Trust-building

Bridge-building

# Intrinsic Motivation

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7 FACTORS THAT PROMOTE  
**INTRINSIC MOTIVATION**

- 1 CHALLENGE
- 2 CURIOSITY
- 3 CONTROL
- 4 FANTASY
- 5 COMPETITION
- 6 COOPERATION
- 7 RECOGNITION



The role of the leader / teacher becomes more to act as a facilitator, coach or incubator.

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It doesn't matter what kind of subject

But what matters, is a good platform  
to start from...

...

How?



# How to start?

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- Create relation
- Trust building
- How to connect
- Bridge Builder
- Respect
- Curiosity
- Flexibility
- Time
- "Fika"
- Be clear and specific
- Friendly atmosphere



# Objectives of the module

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- This is a **practical workshop**, where the participants will explore methods in drama as a tool to **engage, support** and **inspire** newcomers to integrate into the society.
- The methods in drama is useful when people shall **collaborate** for the first time and will get to know each other.





# Learning objectives



- On how to learn to collaborate together with others
- Create an energy and open-minded atmosphere and space for creativity.
- The use of non-formal learning and non-verbal interactions



# Methods in Drama

  
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- **Viola Spolin**

(Improvistional theatre)

- **Augusto Boal**

(Forum theatre,  
The theatre of oppressed)



- **Keith Johnstone**

(Improvisation)

# Drama Improvisation



## Creative Drama

Each game or exercise **has a focus**, a **problem to be solved** by the players as a group, so that lessons are learned through play (experience).

way of exploring solutions **to real-life dilemmas** in a safe environment that stimulates action, discussion and debate.





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- Self-esteem & self-awareness & self-confidence
- Role-play
- Problem solving
- Intuitive, must vital to learning
- The heart of improvisation is transformation
- The working process – most important
- The young people are the creators
- Breaking walls, building bridges
- affirmation



# Methods in Drama

  
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# The five W (Stanislavskij)

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- Who am I?
- Where am I?
- Where am I from?
- Where am I going?
- What time?



# Five acting questions

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- Where am I?
- What am I doing?
- Where did I come from?
- What is my relationship to the others?
- What is my needs?



# 2 minutes story

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- Character
- START
- TURNING POINT
- CLEAR END (FREEZE)





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- How can you use this in your daily work?
- Non-formal learning
- Cultural awareness (8 key competences)
- Motivation
- Non-verbal language
- Engagement
- Creative Drama



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# Questions?



# Thank you!

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# Thank you for your attention!

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